

FRIDAY, 21 NOVEMBER 2025

Dr West,

This will be the last communication from me. For the last three weeks I have contacted you, each week, as I am scared about my Mental Health.

Also, my PTSD has got so bad, I now cannot live in a flat situation. Other homeless people are unable to operate without an unacceptable level of violence. The first night new neighbours moved in I had the 20 year old bloke standing over me shouting-

"No, I don't care how people live here. Now I am here everyone has to live the way I do". Better that than the last couple who, when I beat them, changed the rules by telling everyone... im a pedo!!!!

Right, you have been clear - IGNORE. Thank you, its not like I thought any help would be available even now I have TWO Untreated PTSDs.

Oh, the bestest thing ive learned about PTSD? If you have one today, you will have one tomorrow, next year and so on. After all, I got my first in 2014 and it still effects me more than once a week.

Sorry, you have been clear - you do not care. I am have to be careful not to upset you and have another one of my meds taken away in some form of punishment - as always, I have no idea what it is I have supposed to have done.....

STOP SIMON!!!!

ITS JUST YOU, or its not.

REMEMBER: YOU eat the world, or the WORLD eats you.

Don't worry, the next time someone is gobsmacked at who my GP is, I wont let them know the truth.

I will never forgive myself for thinking the Oath you and all doctors take actually means something. After all, my "top shrink at st georges" laughed at me when I mentioned it.

"Simon, you know I am south african, so I signed it over there"

"Really? Oaths to an omnipresent being are location based."

blame Bones from Star Trek. Heheh, I still think The Hypocritical Oath is one of my best. Right, then this is it. Once again///// SIMON STOP STOP STOP- deal with it being just you. Or dont.

Goodbye and thanks for all the fish.

Yours Sincerely,



SIMON EDGLEY